



# Sunset Yoga

at the beach

Awaken your  
poses with the  
movement of the  
breeze, water  
and relaxing  
sounds of nature.

Friday Evenings • 7-8 pm • June 24, July 15 & 29, August 12

\$8 Members | \$ 10 Non-Members | Per Session

Wear comfortable layered clothing & bring a yoga mat.

**Instructor:** Dawn Gaden



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